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Office of Children and Family Services

適合兒童的多元、平等、包容和無障礙書籍*

適合嬰兒、幼童、學齡前兒童與學齡兒童且呈現多元人物、家庭與情境的書籍

多元、平等、包容和無障礙

- **多元：**納入或涉及各種不同社會及倫理背景人員，以及不同社會性別、性傾向等人員的實務行動或性質。
- **平等：**根據自然法或權利的正義、沒有偏見、公正；當所有人都獲得適當的資源並取得成功之時。
- **包容：**培養一個重視協作、彈性與平等之環境的過程；實踐多元與平等；整合各種聲音的堅定意圖，尤其是被埋沒的聲音等。
- **無障礙：**確保殘障人士有機會以同等有效、同等完整的方式且透過同樣方便使用的永續性，取得和非殘障人士相同的資訊，從事相同的互動，並享有相同服務的實務。殘障人士必須能夠像非殘障人士一樣地完整、平等且獨立取得資訊。

黑人、原住民及其他有色人種 (Black, Indigenous And Other People Of Color, BIPOC)、LGBTQ+ 社群以及身心障礙者在兒童讀物中都遭遇代表性不足的問題。研究指出，在兒童讀物中，來自弱勢群體的兒童更有可能看見與閱讀有別於其自身背景的非人類角色（例如動物、怪物、卡車或蔬菜）。從多元、平等、包容和無障礙 (Diversity, Equity, Inclusion, and Accessibility, DEIA) 的角度選擇書籍，可以幫助孩子們發現自我，並點燃激情、建立信念、設定目標和提升學習動力。努力挑選代表多元背景的讀物，能夠帶來更好的教育效果，並引導他們對與其自身經歷不同的人物產生同理心。OCFS 倡導真正反映紐約州多元性與多种文化的書籍捐贈。

兒童與家庭服務辦公室 (Office of Children and Family Services, OCFS) 不對任何特定書籍、作者或網站背書。請細心審閱所有書籍，確定是否適合您的托兒計畫。

以下是有關兒童讀物中準確和正面表述之重要性的一些資源：

- 數字會說話：2019 年CCBC 多元統計數據 - 聯合兒童圖書中心 (The Numbers Are In: 2019 CCBC Diversity Statistics - Cooperative Children's Book Center) (wisc.edu) https://ccbc.education.wisc.edu/the-numbers-are-in-2019-ccbc-diversity-statistics/
- 我們有關種族和性別的教育內容：兒童讀物的圖文表現 (What We Teach About Race and Gender: What We Teach About Race and Gender: Representation in Images and Text of Children's Books) | BFI (uchicago.edu) https://bfi.uchicago.edu/insight/research-summary/what-we-teach-about-race-and-gender-representation-in-images-and-text-of-childrens-books/
- 兒童媒體中的多元性為何如此重要 - 實踐心理學 (Why Diversity in Children's Media is So Important - Psychology In Action) https://www.psychologyinaction.org/psychology-in-action-1/2020/3/5/why-diversity-in-childrens-media-is-so-important

為正義而學 (Learning for Justice) | 教育資源 (Education Resources)

https://www.learningforjustice.org/

- 社會正義書籍 – 反偏見兒童書籍挑選指南 (Social Justice Books-Guide for Selecting Anti-Bias Children's Books) https://socialjusticebooks.org/guide-for-selecting-anti-bias-childrens-books/

關於 DEIA 視角的書單：

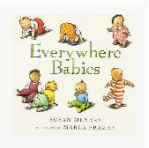
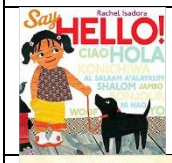
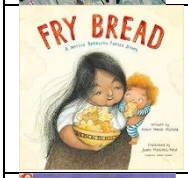
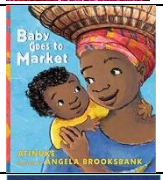
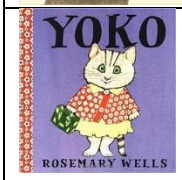
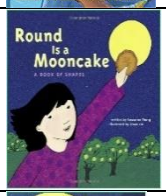
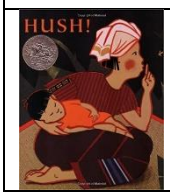
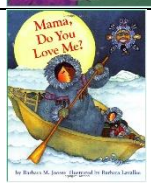
- 社會正義書籍 - 書單 (Social Justice Books-Booklists) https://socialjusticebooks.org/booklists/
- 為何必須讓孩子們在書本裡、學術中、家長身上看到自己 (Why It's Important for Kids to See Themselves in Books | Scholastic | Parents) https://www.scholastic.com/parents/books-and-reading/raise-a-reader-blog/why-its-important-kids-to-see-themselves-books.html

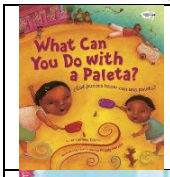
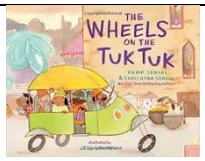
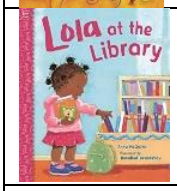
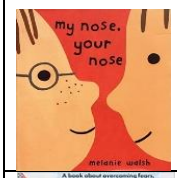
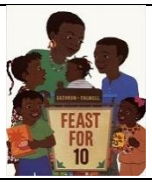
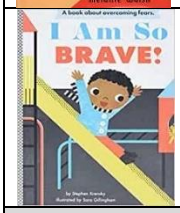
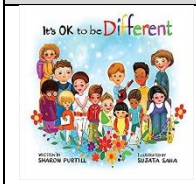
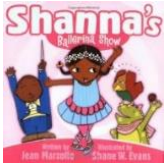
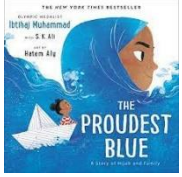
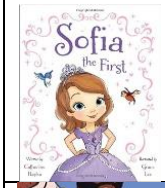
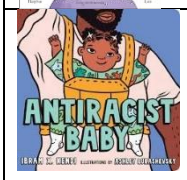
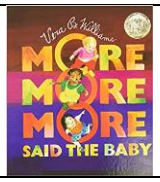
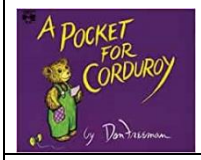
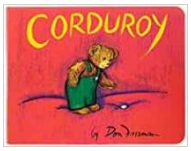
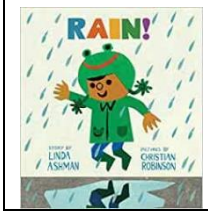
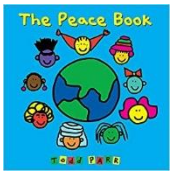
代表性至關重要：10 本關於殘障人物的童書 (Representation Matters: 10 Children's Books With Disabled Characters) (thinkinclusive.us) https://www.thinkinclusive.us/post/10-childrens-books-with-disabled-characters#:~:text=10%20Children%E2%80%99s%20Books%20With%20Disabled%20Characters%201%20Mommy,All%20Wonders%20by%20R.J.%20...%20More%20items...%20

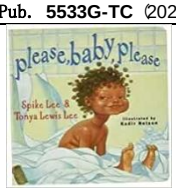
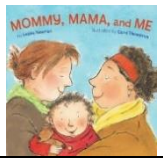
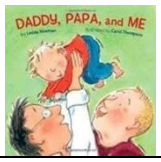
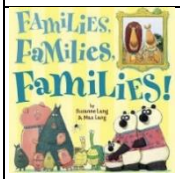
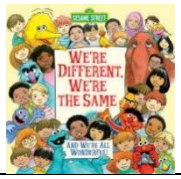
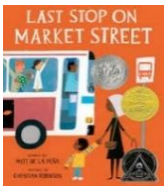
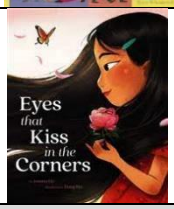
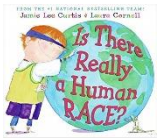
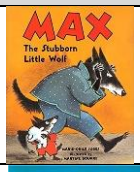
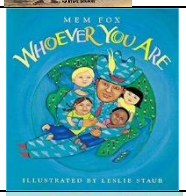
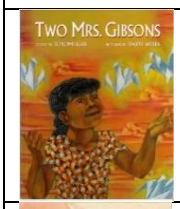
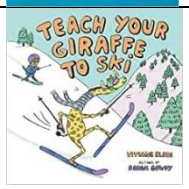
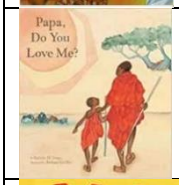
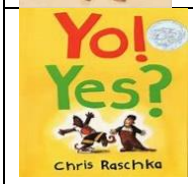
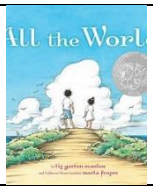
- 反偏見教育 - 為改變而教 (Anti-Bias Education - Teaching for Change) https://www.teachingforchange.org/educator-resources/anti-bias-education
- 清醒的小孩 (Conscious kid) https://www.theconsciouskid.org/
- 24 本適合孩童與青少年的優秀 LGBTQIA+ 書籍 (24 Great LGBTQIA+ Books for Kids and Teens) | Brightly (readbrightly.com) https://www.readbrightly.com/9-great-lgbtq-books-kids/#:~:text=16%20Great%20LGBTQIA%2B%20Books%20for%20Kids%20and%20Teens.,Honey%20%26%20Leon.%20Juli%C3%A1n%20Is%20a%20Mermaid.%20
- 按部就班：13 本關於重組家庭的書籍 (One Step at a Time: 13 Books About Blended Families) | Brightly (readbrightly.com) https://www.readbrightly.com/books-about-blended-families/
- 18 本激發語言之愛的最佳雙語童書 (18 Best Bilingual Children's Books To Inspire A Love Of Language) (romper.com) https://www.romper.com/entertainment/best-bilingual-childrens-books

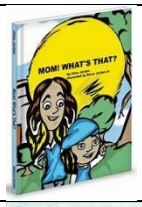
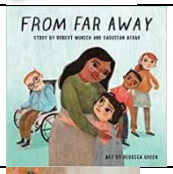
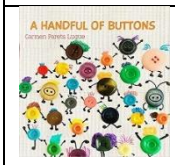
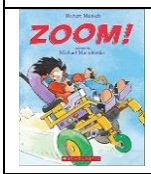
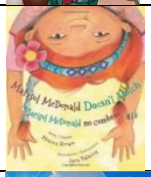
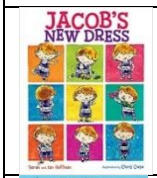
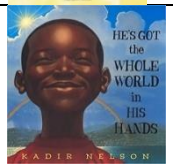
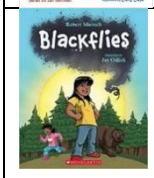
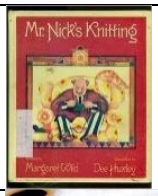
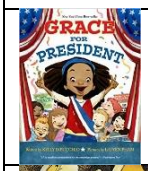
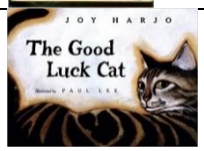
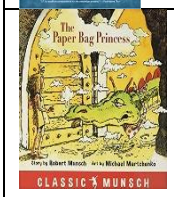
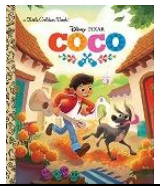
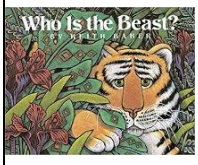
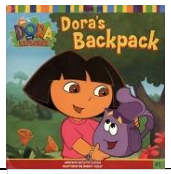
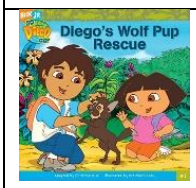
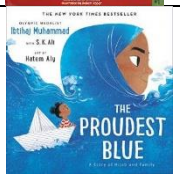
其他資源：

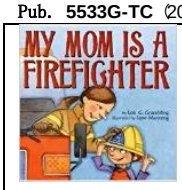
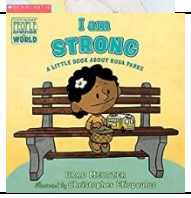
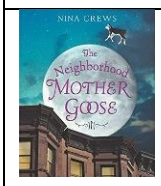
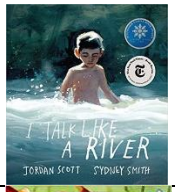
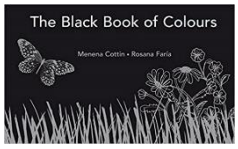
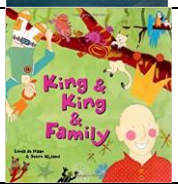
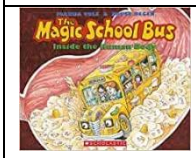
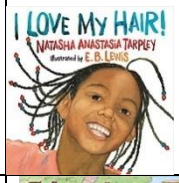
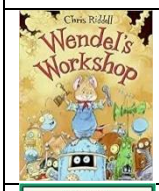
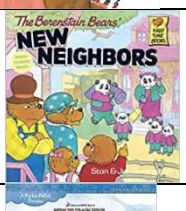
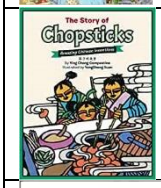
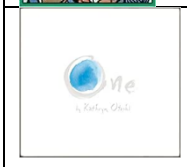
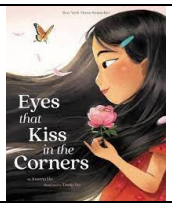
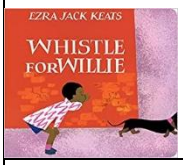
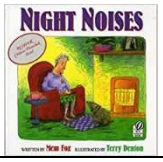
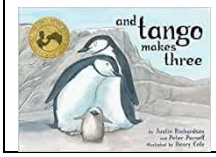
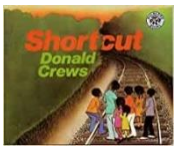
- https://www.babylist.com/hello-baby/multicultural-divers-baby-books
- https://www.thebump.com/a/childrens-books-about-diversity
- https://www.goodreads.com/list/show/84945.Diversity_for_Preschoolers
- https://www.edutopia.org/article/22-diverse-book-choices-all-grade-levels
- https://reachoutandread.org/wp-content/uploads/2021/02/ROR-DEI-booklist-with-description-2020_02_18.pdf

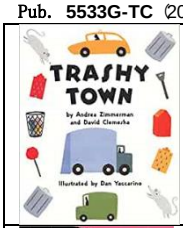
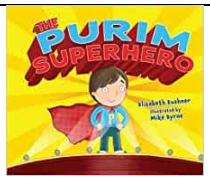
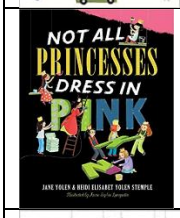
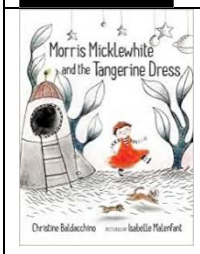
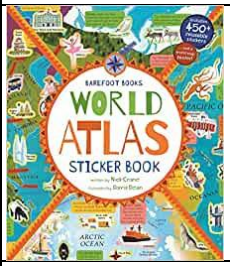
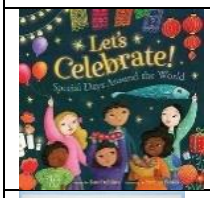
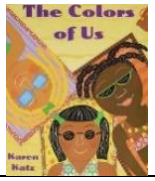
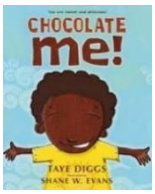
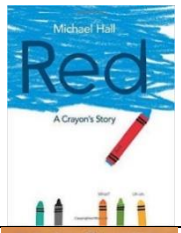
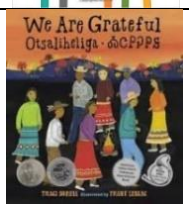
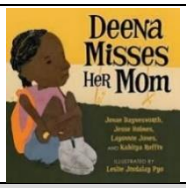
嬰兒與幼童	
Little Feminist Celebrating Differences Book Set 出版者：Little Feminist 與 Baby List	 *Everywhere Babies* 作者：Susan Meyers
 *Say Hello!* 作者：Rachel Isadora	*Global Babies* 作者：A Global Fund for Children
 *炸麵包 (Fry Bread)* 作者：Kevin Noble Maillard	 *Baby Goes to Market* 作者：Atinuke
 *Yoko* 作者：Rosemary Wells	 *Round is a Mooncake* 作者：Roseanne Thong
 *Hush!A Thai Lullaby* 作者：Minfong Ho	 *Mama, Do You Love Me?* 作者：Barbara M. Joosse

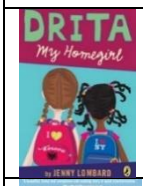
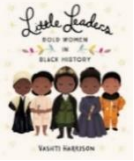
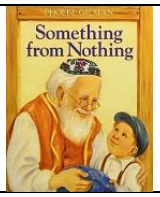
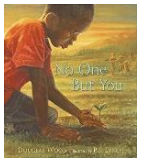
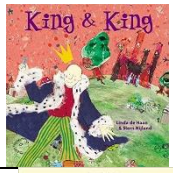
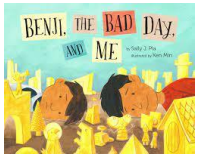
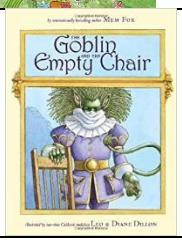
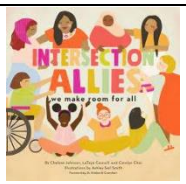
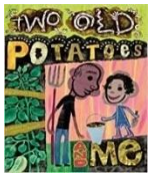
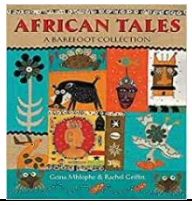
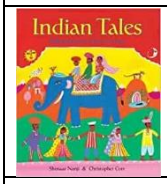
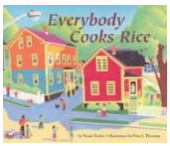
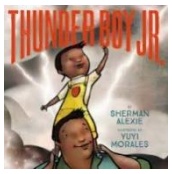
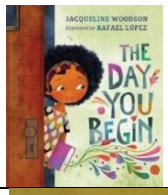
 *What Can You Do with a Paleta?* 作者：Carmen Tafolla	 *The Wheels on the Tuk Tuk* 作者：Kabir Sengal
 *Lola at the Library* 作者：Anna McQuinn	*Sweetest Kulu* 作者：Celina Kalluk
 *My Nose, Your Nose* 作者：Melanie Walsh	 *Feast for 10* 作者：Cathryn Falwell
 *I Am So Brave!* 作者：Stephen Krensky	*The Family Book* 作者：Todd Parr
幼童與學齡前兒童	
 *It's OK to be Different: A Children's Picture Book About Diversity and Kindness* 作者：Sharon Purtill	 *Shanna's Ballerina Show* 作者：Jean Marzollo
 *The Proudest Blue: A Story of Hijab and Family* 作者：Ibtijah Muhammad, S.K.Ali 與 Hatem Aly	*Blackflies* 作者：Robert Munsch
 *Sofia the First* 作者：Catherine Hapka	*I Really Want to See You, Grandma* 作者：Taro Gomi
 *Anti-Racist Baby* 作者：Ibram X. Kendi	 *More More More Said the Baby* 作者：Vera B. Williams
 *A Pocket for Corduroy* 作者：Don Freeman	 *Corduroy* 作者：Don Freeman
 *Rain!* 作者：Linda Ashman	 *The Peace Book* 作者：Todd Parr

 *Please, Baby, Please* 作者：Spike Lee	*A Mother for Choco* 作者：Keiko Kasza
It's Okay to Be Different 作者：Todd Parr	  *Mommy, Mama, and Me; Daddy, Papa and Me* 作者：Leslea Newman
 *Families, Families, Families* 作者：Suzanne Lang	 *We're Different, We're the Same* 作者：Bobbi Kates
Over the Hills and Far Away: A Treasury of Nursery Rhymes 作者：Elizabeth Hammill	*We are Family* 作者：Patricia Hegarty
 *Last Stop on Market Street* 作者：Matt de la Pena	 *Eyes that Kiss in the Corners* 作者：Joanna Ho 與Dung Ho
學齡前兒童與學齡兒童	
 *Is There Really a Human Race?* 作者：Jamie Lee Curtis 與 Laura Cornell	 *Max, the Stubborn Little Wolf* 作者：Marie-Odile Judes
This Is How We Do It: One Day in the Lives of Seven Kids from around the World 作者：Matt Lamothe	 *Whoever You Are* 作者：Mem Fox
 *Two Mrs. Gibsons* 作者：Toyomi Iglis	 *Teach Your Giraffe to Ski* 作者：Viviane Elbee
 *Papa, Do You Love Me?* 作者：Barbara M. Joosse	*Ten, Nine, Eight* 作者：Molly Bang
 *Yo! Yes?* 作者：Chris Raschka	 *All the World* 作者：Liz Garton Scanlon

Me And My Friends Around the World 作者：Sowechhya Limbu	 *Mom! What's That?* 作者：Atlas Jordan
Five Birds on a Wire 作者：Melanie Charlene	 *From Far Away* 作者：Robert Munsch
 *A Handful of Buttons: Picture book about family diversity* 作者：Carmen Parets Luque	*Dreamers* 作者：Yuyi Morales
 *Zoom!* 作者：Robert Munsch	 *Marisol McDonald Doesn't Match / Marisol McDonald no combina* 作者：Monica Brown
 *Jacob's New Dress* 作者：Sarah Hoffman	 *He's Got the Whole World in His Hands* 作者：Kadir Nelson
 *Blackflies* 作者：Robert Munsch	 *Mr. Nick's Knitting* 作者：Margaret Wild
 *Grace for President* 作者：Kelly DiPucchio	 *The Good Luck Cat* 作者：Joy Harjo
 *The Paper Bag Princess* 作者：Robert Munsch	 *Coco Big Golden Book* 作者：Malin Alegria
 *Who is the Beast?* 作者：Keith Baker	 *Dora's Backpack (Dora the Explorer, #6)* 作者：Sarah Willson
 *Diego's Wolf Pup Rescue* 作者：Christine Ricci	 *The Proudest Blue:A Story of Hijab and Family* 作者：Ibtijah Muhammad, S.K.Ali 與 Hatem Aly

 *My Mom Is a Firefighter* 作者：Lois G. Grambling	*Mama Zooms* 作者：Jane Cowen-Fletcher
We'll Paint the Octopus Red 作者：Stephanie Stuve-Bodeen	 *I am Strong: A Little Book About Rosa Parks* 作者：Brad Meltzer
 *The Neighborhood Mother Goose* 作者：Nina Crews	 *I Talk Like a River* 作者：Jordan Scott 與 Sydney Smith
 *The Black Book of Colors* 作者：Menena Cottin 與Rosana Faria（印刷文字與點字同步出版）	 *King & King & Family* 作者：Linda de Haan
 *Inside the Human Body（The Magic School Bus，#3* 作者：Joanna Cole	 *I Love My Hair* 作者：Natasha Anastasia Tarpley
 *Wendel's Workshop* 作者：Chris Riddell	 *The Berenstain Bears' New Neighbors* 作者：Stan Berenstain
 *The Story of Chopsticks* 作者：Ying Chang Compestine (Goodreads 作者)	*How to Train Your Dragon* 作者：Debora Newberger Speregen
 *One* 作者：Kathryn Otoshi	 *Eyes that Kiss in the Corners* 作者：Joanna Ho 與 Dung Ho
 *Whistle for Willie* 作者：Ezra Jack Keats	 *Night Noises* 作者：Mem Fox
 *And Tango Makes Three* 作者：Justin Richardson	 *Shortcut* 作者：Donald Crews

 *Trashy Town* 作者：Andrea Zimmerman	 *The Purim Superhero* 作者：Elisabeth Kushner
 *Not All Princesses Dress in Pink* 作者：Jane Yolen	*Take Me Out to the Yakyu* 作者：Aaron Meshon
 *Morris Micklewhite and the Tangerine Dress* 作者：Christine Baldacchino	 *World Atlas Sticker Book* 作者：Nick Crane
 *Let's Celebrate Special Days Around the World* 作者：Kate DePalma	 *The Colors of Us* 作者：Karen Katz
The Skin You Live in 作者：Michael Tyler	*Pink Is for Boys* 作者：Robb Pearlman
Julian is a Mermaid 作者：Jessica Love	*Not Quite Narwhal* 作者：Jessie Sima
 *Chocolate Me!* 作者：Taye Diggs	 *Red: A Crayon's Story* 作者：Michael Hall
Queens of the Hanukkah Dosas 作者：Pamela Ehrenberg	 *We Are Grateful: Otsaliheliga* 作者：Traci Sorrell
Mommy's Khimar 作者：Jamilah Thompkins-Bigelow	 *Deena Misses Her Mom* 作者：Jonae Haynesworth, Jesse Holmes、Layonnie Jones 與 Kahliya Ruffin
學齡兒童	

Paper Wishes 作者：Lois Sepahban	*Grandma! Can I Get a Dog?* 作者：Barry Jordan Jr.
 *Drita, My Homegirl* 作者：Jenny Lombard	 *Little Leaders, Bold Women in Black History* 作者：Vashti Harrison
Wonder 作者：R.J.Palacio	 *Something from Nothing* 作者：Phoebe Gilman
 *No One But You* 作者：Douglas Wood	 *King & King* 作者：Linda de Haan
 *Benji, the Bad Day, and Me* 作者：Sally J. Pla 與Ken Min	 *The Goblin and the Empty Chair* 作者：Mem Fox
 *IntersectionAllies: We Make Room for All* 作者：Chelsea Johnson、LaToya Council 與 Carolyn Choi	*The True Meaning of Smekday* 作者：Adam Rex
 *Two Old Potatoes and Me* 作者：John Coy	 *African Tales, a Barefoot Collection* 作者：Geina Mhlophe 與Rachel Griffin
 *Indian Tales, a Barefoot Collection* 作者：Shenaaz Nanji 與 Christopher Carr	 *Everybody Cooks Rice* 作者：Norah Dooley
 *Thunder Boy Jr.* 作者：Sherman Alexie	 *The Day You Begin* 作者：Jacqueline Woodson
Daddy Christmas and Hanukkah Mama 作者：Selina Alko	*When We Were Alone* 作者：David A. Robertson

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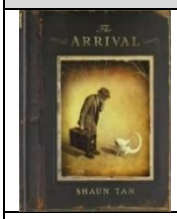
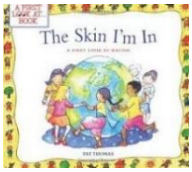
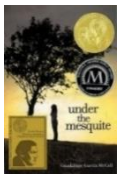
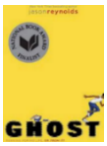
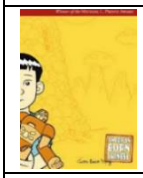
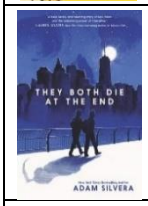
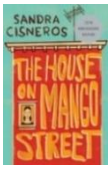
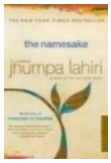
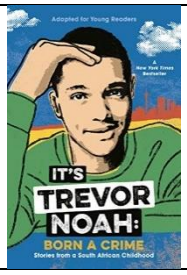
 *The Arrival* 作者：Shaun Tan	 *The Skin I'm in: First Look at Racism* 作者：Sharon Flake
 *Under the Mesquite* 作者：Guadalupe Garcia McCall	 *Ghost* 作者：Jason Reynolds
 *American Born Chinese* 作者：Gene Luen Yang	*George* 作者：Alex Gino
 *They Both Die At The End* 作者：Adam Silvera	 *The House on Mango Street* 作者：Sandra Cisneros
 *The Namesake* 作者：Jhumpa Lahiri	 *Born a Crime: Stories from a South African Childhood* 作者：Trevor Noah

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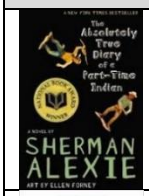
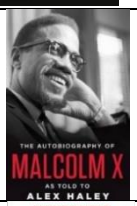
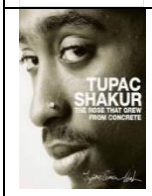
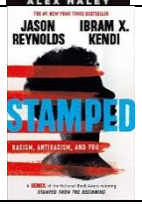
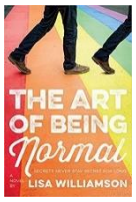
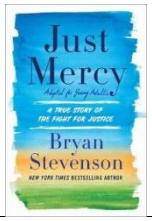
 *The Absolutely True Diary of a Part-Time Indian* 作者：Sherman Alexie	*Bless Me, Ultima* 作者：Rudolfo Anaya
The Hate U Give 作者：Angie Thomas	 *The Autobiography of Malcolm X* 作者：Alex Haley
 *The Rose that Grew from Concrete* 作者：Tupac Shakur	 *Stamped:Racism, Antiracism and You* 作者：Jason Reynolds 與Ibram X. Kendi



The Art of Being Normal
作者：Lisa Williamson



Just Mercy: A True Story of the Fight for Justice
作者：Bryan Stevenson

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